

# Every veteran deserves recovery.

As a national VA-contracted recovery center, we specialize in supporting Veterans achieve and maintain long-term sobriety.

# Meeting your veterans exactly where they are.





#### We hire veteran staff.

We take great pride in having veteran and veteran family members among all staff in all facilities. From executive clinical staff to support staff, we are all able to truly empathize with the veteran experience.



#### We're a co-occurring mental health facility.

Avenues treats mental illness with highly specialized staff- even if the patients substance use is secondary to the mental health condition.



#### We prioritize our veterans.

Have a veteran thats fit for our services? Transportation is a non issue. We will expedite the pickup and get the veteran on the road to recovery immediately.

# A 62-year-old vet with a drug problem needs more than a psychiatric ward.



David\* completed 5 tours in Iraq. Twenty years later, David, in his early sixties, was suffering from a raging narcotics addiction – and major depressive disorder.

He was treated for depression at a mental health facility, but because his addiction was never properly addressed, he was stuck in an endless cycle of relapse and despair.

David was regularly treated for his depression during short term stays at inpatient psychiatric facilities followed by outpatient mental health. Unfortunately, he was never able to maintain medium to moderate lengths of sobriety and ended up cycling back and forth through mental health hospitalizations and outpatient treatment as his addiction issues worsened and his mental health became more acute.

Avenues recovery was able to get David a foundational cooccurring treatment stay, treating his mental health and substance abuse issues concurrently. This allowed David to begin to heal from his trauma, regain control over his life, and develop meaningful coping strategies to battle his addiction once he left our care.

Today, thanks to our dedicated care, David got his life back.

Today, he's healthier than he's ever been – and a founding member of the Avenues Veteran Alumni Program.







## LIVE LIFE FULLY AT AVENUES RECOVERY

- Modern Accommodations
- State-of-the-Art Gym
- Recreation Room & Lounge
- Gourmet Meals
- Yoga, Art, Music, & More
- Fun Weekend Activities







## Evidence-based clinical model

Our unique program blends CBT with group therapy, relationship therapy, fitness, recreational activities, and more, teaching veterans how to stay ahead of addiction and gain life-changing sober skills.

## Medication management

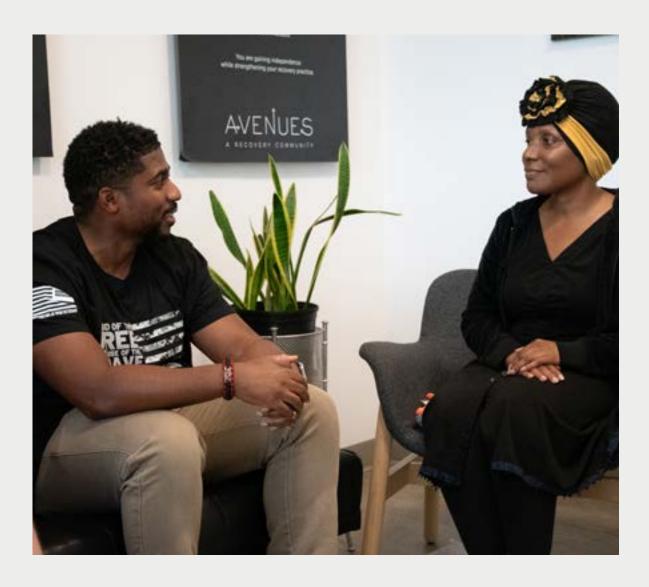
Our clinical curriculum is supplemented with MAT and injectable MAT to support residents who need it. We're also equipped to treat physical health conditions and oversee all medication needs.

## PTSD and trauma treatment

Addiction is never just about drug or alcohol use. The therapists at Avenues are trained in trauma modalities. Through grief groups and private sessions, we help veterans face their often painful histories.

## Relationship and family support

Addiction affects the whole family unit. Which is why we invite your patient's support system – whether that's parents, children, or partners – to be part of our therapeutic interventions, and help the relationship heal from within.



#### **EXTENDING RESIDENTIAL CARE**

# Longer stays. *Better outcomes*.

We lengthen most VA referrals from 45 days to an average of 90 days per stay. How? By coordinating with you.

# We keep in touch – from referral through discharge.

We'll coordinate care throughout your organization system, both at the point of referral & throughout treatment.



## Get live progress reports every single week.

We handle all documentation for you and ensure that everything is coordinated smoothly.

THE AVENUES ALUMNI COMMUNITY

# Being a veteran can be lonely.

Connection in early recovery can be a struggle. Every one of us needs human support to keep going.

# Long after Avenues, our Alumni stick around.

Our Alumni program helps our sober community stay in touch with peer support and a packed events calendar!



Veteran-only peer support group

AA and NA groups with certified peer support specialists



Community social events

Fun social events, local trips, and opportunities to build social support networks



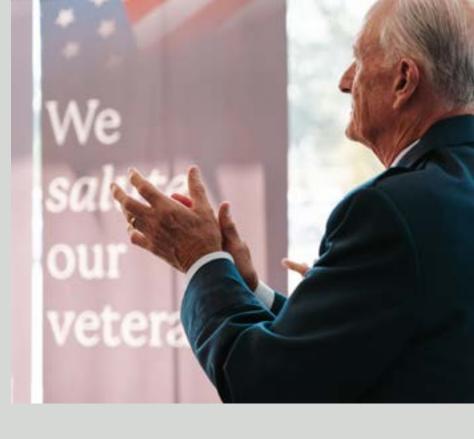












# Caring for vets across the US

# MARYLAND Prince Frederick Eastern Shore

### NEW HAMPSHIRE

New England Dublin

#### **PENNSYLVANIA**

Lake Ariel Bucks

#### VIRGINIA

Norfolk

#### INDIANA

Fort Wayne
Clarksville
South Bend
Indianapolis

#### LOUISIANA

Metairie Covington Baton Rouge

#### COLORADO

Denver