



A→V E N↑ U E S↶

Avenues Recovery Center at Pennsylvania will help you heal - with quality care, supportive staff, and a sober community that's with you for life.



OUR PROMISE TO YOU

Making that first move  
towards recovery is *huge*.

We'll be there for you,  
every step of the way.



## THE AVENUES DIFFERENCE

# We'll never, *ever* give up on you.

Self-confidence is so important in recovery – but it can be hard. The Avenues team will believe in you until you believe in yourself.



# Your family *deserves* to heal with you.

Addiction affects the whole family unit. That's why we invite your family to join the conversation, letting them grow alongside you.

# A person is as strong as their *community*.

A loving, supportive and fun sober community is key to long-term sobriety. The Avenues Alumni program sticks with you for life.



### Evidence-based program

Individual, group + family therapy



### Holistic therapies

Connect mind, body & soul



### Medical + psychiatric care

Treat co-occurring disorders



## HOW YOU'LL RECOVER

# A vibrant space to connect, grow, and heal.

At Avenues, we treat addiction like the disease it is. Using proven therapies that focus on your whole self, we dig to the root of your addiction and help you heal from the inside out.

- Customized Care Plans
- CBT, DBT, & Group Therapy
- Motivational Interviewing
- Rational Emotive Behavior Therapy
- Family & Couples Counseling
- Weekend Family Programs
- Mindfulness-Based Relapse Prevention
- Yoga, Meditation, and Outdoor Activities
- Relationship Management Workshops
- Community Skills Groups
- Psychoeducational Training
- Multidisciplinary team of doctors, psychiatrists, & addiction specialists







# The recovery journey doesn't stop. *Neither do we.*



## Residential

A life-changing clinical program, loving team and supportive community in a modern space.



## Sober Living & Aftercare

Enjoy the comfort and support of a sober living home while getting a leg up with workforce reentry, AA and NA introduction, and more.



## PHP & IOP

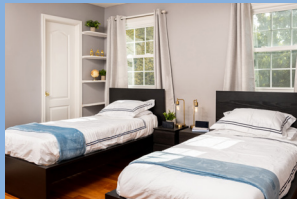
Follow up residential care with our step-down programs to learn how to apply your sober skills to life.



## Alumni Program

Avenues Alumni is our forever-there-for-you social network with connection, support, meetups, and fun.

# Avenues at Bucks



Avenues is a one-of-a-kind recovery and treatment center! The program they have set up is phenomenal and **helps integrate you back into society** every step of the way, while allowing you to focus on continuing to work the program and keep recovery as an everyday aspect of your life!

Edward S.



This is without a doubt the best treatment center I've ever been to. The staff is compassionate, understanding, and knowledgeable. It's not every rehab that you feel like more than a number or a statistic but **Avenues definitely treats you as a person** and recognizes everyone's potential and capabilities.

Grace W.



# Avenues at Lake Ariel



The staff was so kind and caring, I've never been in treatment before and I'm glad I chose here for my one and only experience. **This place felt like home** and the progress they helped me make was phenomenal. I'm forever grateful for the Avenues community for helping me in my recovery!

Jacob D.



I never, ever pictured admitting myself to an inpatient rehab facility. However, I knew I couldn't stop drinking on my own. Avenues was recommended to me by a local outpatient treatment center and that turned out to be the best decision I ever made. **My stay at Avenues changed my life.** The staff is caring, dedicated--well, just incredible.

Wendy M.

# AVENUES



Hey, Pennsylvania,  
we're here for you.

**AVENUES AT  
BUCKS**

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**AVENUES AT  
LAKE ARIEL**

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**GET STARTED**

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[avenuesrecovery.com](https://avenuesrecovery.com)

ACCEPTED  
INSURANCE PLANS

Commercial: Aetna, Ambetter, Carelon, CDPHP, Emblem, Fidelis, First Health, Geisinger, Highmark BCBS, Humana, PA Health and Wellness, Quest BH, Tricare (Certified), VA CCN