



A→V E N ↗ U E S ↶

Avenues Recovery Center at New Hampshire will help you heal - with quality care, supportive staff, and a sober community that's with you for life.

OUR PROMISE TO YOU

Making that first move  
towards recovery is *huge*.

We'll be there for you,  
every step of the way.



THE AVENUES DIFFERENCE

We'll never, *ever* give up on you.

Self-confidence is so important in recovery – but it can be hard. The Avenues team will believe in you until you believe in yourself.



Your family *deserves* to heal with you.

Addiction affects the whole family unit. That's why we invite your family to join the conversation, letting them grow alongside you.

A person is as strong as their *community*.

A loving, supportive and fun sober community is key to long-term sobriety. The Avenues Alumni program sticks with you for life.



Evidence-based program

Individual, group + family therapy



Holistic therapies

Connect mind, body & soul



Medical + psychiatric care

Treat co-occurring disorders

## HOW YOU'LL RECOVER

# A vibrant space to connect, grow, and heal.

At Avenues, we treat addiction like the disease it is. Using proven therapies that focus on your whole self, we dig to the root of your addiction and help you heal from the inside out.

- Customized Care Plans
- CBT, DBT, & Group Therapy
- Motivational Interviewing
- Rational Emotive Behavior Therapy
- Family & Couples Counseling
- Weekend Family Programs
- Mindfulness-Based Relapse Prevention
- Yoga, Meditation, and Outdoor Activities
- Relationship Management Workshops
- Community Skills Groups
- Psychoeducational Training
- Multidisciplinary team of doctors, psychiatrists, & addiction specialists



THE AVENUES JOURNEY



# The recovery journey doesn't stop. *Neither do we.*



## Residential

A life-changing clinical program, loving team and supportive community in a modern space.



## Aftercare Planning

Get a leg up in the real world with workforce reentry support, AA and NA introduction, and more!



## PHP & IOP

Follow up residential care with our step-down programs to learn how to apply your sober skills to life.



## Alumni Program

Avenues Alumni is our forever-there-for-you social network with connection, support, meetups, and fun.

# Avenues at *New England*



**This place saved my life!** I can't put into words how grateful I am for all the staff here and the environment that they have created and continue to improve upon. Thank you Avenues for allowing me to find the person that I was always meant to be!!

Nick G.



I can't express enough how much of an impact this place has had on my life. Not only am I happily sober, but I am incredibly excited to live through my potential. All the **staff treated me with the respect and compassion** that someone with this disease needs.

Hunter W.

# Avenues at *Dublin*



Avenues at Dublin has become one of the many things I'm beyond grateful for. It wasn't avenues that saved my life, it was the staff at Avenues that saved me. **Without them, I wouldn't be here.** From the moment I walked into the Admissions office until the day I went onto my next step, I felt at home.

Kaley B.



Great place and very helpful for those who are struggling. Highly recommended. Avenues provided the tools I needed to succeed and stay sober, **this place changed my life for the better.** That staff is great and very knowledgeable. If you or anybody you know are struggling, definitely reach out to them.

Matt V.

# AVENUES



Hey, New Hampshire,  
we're here for you.

**AVENUES AT  
NEW ENGLAND**

2 Chenell Drive, Concord, NH 03301  
P (603) 505-8365 | F (603) 369-4334

**AVENUES AT  
DUBLIN**

3 Pierce Road, Dublin, NH 18436  
P (603) 317-5600 | F (603) 450-1900

**GET STARTED**

[admissionsNH@avenuesrecovery.com](mailto:admissionsNH@avenuesrecovery.com)  
[avenuesrecovery.com](https://avenuesrecovery.com)

**ACCEPTED  
INSURANCE PLANS**

Commercial: Ambetter, BCBS NH, BCBS VT, Carelon, First Health, Harvard Pilgrim, Humana, Maine Health, Tricare, Tufts, VA  
CCN  
Medicaid: AmeriHealth, Beacon Well Sense, New Hampshire Healthy Families